

Introduction [1]

GPEPI REGISTRAR OSCE CONSULTATION CHECKLIST © Dr Kevin Gabriel 1-12-2024

WHAKAWHANAU MATANGA

- Kia ora
- How would you like me to address you?
- Briefly talk about yourself
- Tell me about yourself

TELEHEALTH CONSULTATION

- Confirm details - Name, DOB, Address
- check safe space to talk
- explain limitations of telehealth
- advise in case line cut, check number
- * Don't forget Whakawhanau matanga

History [2]

SHOPPING LIST

- What brings you in today?
- * Just checking if anything else → then 2 more open?

IDEAS

- Cause of symptoms

CONCERNS

- What matters most to patient

EXPECTATIONS

- when made appointment

CREAM (pass fail)

- * essential history to elicit from patient
- eg) CAGE - Alcohol
- HEEAOSS - Adolescent
- MEITANGA MODEL - Maori Itawara case

RED FLAGS

- eg) chest pain
- short of breath
- bleeding symptoms
- GI-vomit, bowel habit
- weight loss
- fever
- acute neurology
- travel history
- lumps/bumps
- skin lesions

- * always ask about mental health
- anxiety, mood

YELLOW FLAGS (social history)

- Whanau
 - who is at home with you
- Work
 - occupation
- Addictions
 - Smoking, vape, alcohol, illicit drugs
- Activities of Daily Living
 - no driving, hobbies
- Sleep
 - any disturbance + reason

FUNDAMENTALS (briefly cover)

- PMHx
- medications
 - alternative
- Allergies
- Family History

Examination [3]

CONSENT

CAPPERONE

CLEARLY EXPLAIN FINDINGS

LENN HANDS

- * Don't forget obs (T, P, R, BP, RR, WT, HT, BMI) in Examination case

Impression [4]

- DIAGNOSIS** * give short reason for your diagnosis

- * ask if they have heard of diagnosis + give simple explanation if uncertain
- * ask if they have any questions before proceeding to management

Management [5]

INVESTIGATIONS

- eg) blood/urine test
- * specifically mention name of test
- eg FBC, renal fx, TFT

ECG

Radiology

- * **Screening Tools**
- mention key words to convey knowledge to examiner
- eg. CHADS₂ VASC
- HAS-BLED
- Wells' score
- GR07
- PH09

MANAGEMENT

- 1 - Information sheet
 - give to patient
- 2 - Lifestyle changes
 - eg. Green prescriptions
 - Health improve pract
 - Itup
 - Outline
- 3 - Medications
 - advise AIE
- 4 Referrals
 - * Maori Health Providers
 - * Public / Private
- 5 medical certificate
 - * If in doubt about Rx mention you would discuss with specialist or check guidelines (do not discuss with GP)

FOLLOW UP

- give specific date for follow up appointment
- eg) tomorrow
- * check if any barriers for follow up appointment
- eg. cost transport

SAFETY NET

- eg) - chest pain
- short of breath
- FAST stroke
- mental health crisis number
- meningitis
- cauda equina syndrome
- bleeding symptoms
- * If have time left over
- pre-emptive screen**
- eg) cervical screen
- mammogram
- CVD risk assess.
- prostate